



Need to stretch those
mental muscles?

“Walk” with Rabbi Osadchey Returns!

Explore Judaism and Jewish values through the “Walking With...” series – a text-based program of studies for adults published by the Ziegler Rabbinical School in Los Angeles. Rabbi Shaul Osadchey will be your guide for this highly interactive series of mini-courses emphasizing spiritual, life-cycle, philosophical and ethical issues. We will continue in the series this year with Walking with Mitzvot in conjunction with Beth Tzedec’s “The Year of the Torah”.

Thursday, January 5th & 12th 7:00-8:30pm

RSVP to info@bethzedec.ca or 403-255-8688.
Bring a friend. Free and open to the public.

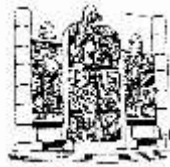


Sunday Morning Brunch Series: Stem cells 101: The basics and potential

Sunday January 15th, 2012

10:00am at Beth Tzedec Congregation

Na'amat Canada Calgary and the Beth Tzedec Sisterhood invite all members of the community to enjoy a brunch featuring guest speakers Nachum Abraham, Andrew Hagner and Rabbi Shaul Osadchey. Nachum Abraham and Andrew Hagner are currently working toward their Masters degrees at the University of Calgary. Mr. Abraham is seeking to determine the molecular effects of upbringing on stem cells in the brain while Mr. Hagner's work includes characterizing stem cells in the skin and investigating their potential for therapeutic use. There is no charge for this program, but please RSVP in advance to Linda Gutman at 403-251-2938 (lmgutman@shaw.ca) or the Beth Tzedec office 403-255-8688 (info@bethzedec.ca).



OBSERVANCE OF YAHRZEIT
The yahrzeit candle should be lit the evening prior to the date of Yahrzeit. You are encouraged to attend Minyan on both days. It is customary when observing a yahrzeit to perform an act of tzedakah in memory of your loved ones.

Please join our daily morning and evening Minyan.

We observe the following Yahrzeits this week
December 31st, 2011 - January 6th, 2012

Alice Adler*	Maurice Angelle*	Pinia Title*
Abe Bider*	David Cramer	Yehuda Assayag
Mary Cohen*	Ralph Kalef*	Moti Cohen
Shane Frimet*	Mary Lazar*	Abraham Ginsburg*
Renee George	Ruth Libin*	Sarah Litwack*
Bernard Goldstein*	Pauline Smolensky*	Louis Rabinovitch
Yale Joffe	Usher Berman	Clara Rosen
Leon Krygier*	Nicholas Bracey*	Marie Samuels*
Max Patchick*	Ethel Eder*	Robert Cohen
Abraham Simon*	Reuven Ornstein*	Penina Gross
Norman Sparber	Bessie Slutker*	Zelman Hepner
Ruth Blumes	Benjamin Sweet	Alex Katzin*
Abraham Cohos*	Dorina Golden	Dorothy Kirshner*
Louis Meyers	Juraj Kohn*	Doreen Odes
Chaim Newman	Edward Kopel*	
Charlotte Angelle*	Izzie Lavine	

* Name lovingly inscribed on the Beth Tzedec Memorial Wall

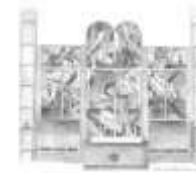
Cemetery Entry Code

To gain entry into the Beth Tzedec Memorial Park cemetery, press 1 then 3 for the gate code.



BINGOS at the Grey Eagle Casino

Monday, January 9th, 2011
4:30pm-9:30pm & 9:30pm-Midnight
There is always a need for volunteers!
Sam Fishman 403-613-1848 or email:
sam.fishman@investorsgroup.com
Janice Middleman 403-243-1658
Shirley Grossman 403-234-0406



Beth Tzedec Congregation

Lecha Dodi

1325 Glenmore Trail SW Calgary Alberta T2V 4Y8
Telephone: 403-255-8688 Fax: 403-252-8319
Email: info@bethzedec.ca Website: www.bethzedec.ca

December 31, 2011 ✪ 5 Tevet, 5772

SHABBAT SHALOM

Rabbi: Shaul Osadchey
Ritual/Program Director: Leonard Cohen
Executive Director: Max Lipsman
President: Lorne Pearl
Ritual Chair: Marc Levin
Sisterhood President: Dorit Moise



VAYIGASH

P'SUKAI D'ZIMRA: Pages: 65-105

SHACHARIT: Pages: 105-128

TORAH SERVICE: Pages: 139-154

TORAH PORTION: Genesis 45:28-46:27
Pages: 279-282

HAFTARAH: Ezekiel 37:15-28

Pages: 291-292

Chanted by Jack Adler

MUSAF: Pages: 155-187

Please let one of the ushers know if you are observing a Yahrzeit this week.

Mincha & Seudat Shlisheet will take place at 4:30pm.

Tefillah Tour - From the Ritual Committee

Each week we hope to provide you with an insight into the customs and practices regarding Shabbat tefillah (prayer), the structure and order of the siddur, and the meaning of the specific tefillot.

Tallit – Part 2: Employing the Tallit during Tefilah

Immediately prior to reciting the Shema, during the Ahava Raba prayer (p. 111, Siddur Sim Shalom), it is customary to gather the tzitzit fringes from the four corners of the Tallit, and wrap them around one's finger. These fringes are held together throughout the reciting of the Shema – and while reading the third paragraph of the Shema, each time the word "Tzitzit" is recited, we kiss the tzitzit to symbolically mark out observance of this mitzvah.

The Tallit is also used when a person is called to the Torah for an aliyah. In order to avoid touching the words written on a Torah scroll with one's fingers, we instead touch the Torah parchment with our tzitzit (which we subsequently kiss) to mark the start and end of an aliyah to the Torah.

The Tallit itself can be used to create a private prayer space for oneself. It is acceptable to place the Tallit over one's head at any point in Tefillah, in order to help better concentrate and focus on davening. The Tallit is also worn over the head by the Kohanim during the special Birkat Hakohanim blessing on holidays, as a means of enhancing the sacredness of this special blessing for the Jewish people.

Rabbi Shaul Osadchey and Ritual Director Leonard Cohen join our Executive and Board of Directors in welcoming all members and visitors to our Shabbat services.

Yasher Koach to all participants of this week's Shabbat service.

Due to privacy issues, we only publish those birthdays and anniversaries which we have been requested to publish.

If you wish to have an anniversary or birthday listed in the Lecha Dodi, please contact the shul office at 403-255-8688.

CONDOLENCES TO: Sharron and Lorne Rabinovitch on the loss of **Sharron's father, Larry Smith, in Montreal. Funeral services were held on December 26, 2011.**

REFUAH SHLEIMAH - Wishing a speedy recovery to: Sara Tybel bat Shayna Asne, Zelda bat Henna, Stanley Weiss, Meira Batsheva bat Rivkah Sarah, HaRav Ronni David Zishe ha-Kohen **ben Aliza Hinda, Daniel ben Avraham v'Sarah, William Cohen, Ida Pomerance, Dina bat Sara, Donna Cohen, Shemin Eshe bat Bezalel, Bert Baron, Yakov Yosef ben Tzipora (Jack Balaban), Jack Glazer and Phyllis Rubin.**

The Congregational Kiddush will be held in the Harry & Martha Cohen Skylight Lounge and is co-sponsored by Jack Adler in memory of Alice Adler.

✚ Interested in greater meaning from services? Want to sharpen your Hebrew-reading skills? We're starting a basic Hebrew reading class on January 7th to be held in conjunction with Shabbat services. If you'd like to participate, please contact Marc Levin, Rabbi Osadchey, or Leonard Cohen for more information at 403-255-8688.

CALENDAR OF UPCOMING EVENTS

Shabbat December 31st

- 4:30pm Se'udah Shlishit

Monday January 2nd

Beth Tzedec Office Closed

- 9:00am Morning Services

Tuesday January 3rd

- 7:00pm Keruv (Conversion) Class

Thursday January 5th

- 7:00pm "Walk" with Rabbi Osadchey
- 7:30pm Sisterhood Board Meeting

Friday January 6th

Candle Lighting 4:28pm Torah Portion: VAYEHI

- 12:00pm Lunch & Learn

Shabbat January 7th

- 10:00am Shabbat Babysitting
- 10:30am Atid Shabbat Service
- 4:30pm Se-udah Shlishit

Sunday January 8th

- 10:00am B'nai Mitzvah Windows
- 11:00am Yiddish Club
- 1:00pm KADDISH Meeting

Women's League Anniversary Shabbat **This year's theme: Hiddur Mitzvah**

Please mark your calendars for Saturday, January 28th for this year's Sisterhood Shabbat. We welcome your participation – so please contact Lorie Abernethy at lorie.abernethy@sait.ca or 403-261-8883 for further information.



Wicks & Flicks

(Havdallah Candle Lighting) (Evening movie - An American Tail)

Saturday, January 14th - 6:45pm

Admission: \$5.00



For ATID (Grades 2-4) and younger children:

"Steven Spielberg Presents: An American Tail"

While emigrating to the United States, a young Russian mouse gets separated from his family and must relocate them while trying to survive in a new country. (Starring Christopher Plummer, Dom Deluise and Erica Yohn.)

For Kadima (Grades 5-8) youth:

A separate film will be shown in the Library.

For Parents:

While the kids are enjoying their movie, adults will have the opportunity to kick back and enjoy some kid-free time by themselves with wine and refreshments.